

Emergency First Aid at Work (Regulated First Aid Qualification)



Duration:

One day

This course is run over one day and includes both theory and practical sessions.

Group Size:

Maximum 10 learners.

Who should attend?

Nominated emergency first aiders, learners who require an emergency first aid at work (EFAW) certificate to comply with Health & Safety (First Aid) Regulations 1981 requirements or anyone wanting comprehensive one day first aid training

Pre-requisites:

Learners must be physically able to carry out the procedures detailed in the course aims.

Course aims:

The course aims to provide basic life-saving first aid and fulfill workplace health & safety regulations.

Course Objectives:

- First Aid Priorities
- Managing Incidents
- Basic Life Support
- Examination of a Casualty
- Unconsciousness
- Control of Bleeding
- Burns and Scalds
- Regulations
- First Aid Kits
- Recording and Reporting



This Course offers basic life-saving first aid and workplace health and safety regulations.

Certification is dependent on successful continuous assessment of the student; there is no final exam.

Those learners who complete the course and are deemed to have reached the required standard are issued with a certificate that is valid for three years, after which a re-qualification course becomes necessary.

Under the current guidelines it is “strongly recommended” that First Aid trained staff attend a half-day update every twelve months before completing full re-qualification training at the three year point.