

Emergency First Aid at Work (Annual Refresher)



Duration:

Half day

Group Size:

Maximum 10 learners

Who should attend?

Those who have completed either the three day First Aid at Work or the one day Emergency First Aid at Work courses. This is an ideal course to help keep your first aiders updated.

Course content:

- Managing Incidents
- Basic Life Support
- Control of Bleeding
- Examination of a Casualty
- Unconsciousness
- Treating shock

Under the current guidelines it is "strongly recommend" that first aid trained staff attend a half-day update every twelve months before completing full re-qualification training at the three year point.

